1	A biological switching valve evolved in the female of a sex-role
2	reversed cave insect to receive multiple seminal packages
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Abstract We report a functional switching valve within the female genitalia of the Brazilian cave 20 21 insect Neotrogla. The valve complex is composed of two plate-like sclerites, a closure element, and 22in-and-outflow canals. Females have a penis-like intromittent organ to coercively anchor males and 23 obtain voluminous semen. The semen is packed in a capsule, whose formation is initiated by 24seminal injection. It is not only used for fertilization but also consumed by the female as nutrition. 25 The valve complex has two slots for insemination so that *Neotrogla* can continue mating while the 26 first slot is occupied. In conjunction with the female penis, this switching valve is a morphological 27 novelty enabling females to compete for seminal gifts in their nutrient-poor cave habitats through 28 long copulation times and multiple seminal injections. The evolution of this switching valve may 29 have been a prerequisite for the reversal of the intromittent organ in Neotrogla.

#### 31 Introduction

32 Many man-made engineering solutions have evolved already in insects. Such examples include hinges (flapping flight enabled by the wing base: Brodsky, 1994), on-off valves 33 34 (spiracle openings to regulate airflow: Chapman, 1998), backflow valves (the bombardier 35 beetle's defensive spray: Arndt et al., 2015), coiling mechanisms (genital tubes: Matsumura 36 et al., 2017a) or catapult-like mechanisms (the legs of many jumping insects: Burrows, 2013). 37 Some mechanisms that were formerly thought to be unique to human engineering have been discovered recently in insects: biological screws have been found in a beetle's leg (van de 38 Kamp et al., 2011), and interacting gears were found in the jumping legs of planthoppers 39 40 (Burrows and Sutton, 2013). The design and construction of such mechanisms on a micrometer scale is a challenging task in engineering (Feinberg et al., 2001). Therefore, 41 42 studies of micron-scale biological structures can be rewarding as they illuminate construction principles in insects that could be applied to technical solutions in engineering (Matsumura et 43 44 al., 2017b).

45 The genus Neotrogla (family Prionoglarididae) is a minute Brazilian cave insect 46 belonging to the order Psocodea (booklice, barklice, and parasitic lice). This genus is of special evolutionary and morphological interest because of the reversal in its genital 4748 structures (Yoshizawa et al., 2014). The females of Neotrogla have a penis-like intromittent 49 organ (gynosome: Figure 1A), which is inserted to a male vagina-like genital cavity for 50 copulation. During mating, the male injects liquid semen into the female's sperm storage organ (spermatheca) through the opening of the spermathcal duct at the tip of the female 51 52 penis. Within the spermatheca, the injected semen then induces the formation of a hard 53 capsule shell around itself (Figure 1A, B: Wearing-Wilde, 1995; Yoshizawa et al., 2014). 54 Although there is only a single inlet spermathecal duct present, occasionally two seminal 55 capsules are attached simultaneously to a plate-like structure on the spermatheca (termed 56 "spermathecal plate": Lienhard et al., 2010; Yoshizawa et al., 2014)).

57 The semen within the capsule is used not only for fertilization but is also consumed by the female as nutrition. To compete for nutritious semen, the direction of sexual selection 58 is reversed in Neotrogla (sex-role reversal: Yoshizawa et al., 2014). Each seminal capsule is 59 60 voluminous ( $\sim 0.05 \text{ mm}^3$ , corresponding to  $\sim 300 \text{ ml}$  scaled up to humans), and the duration of 61 the copulation is very long (for 40 to 70 hours). In a closely related species lacking reversal of genital structure (Lepinotus patruelis, Trogiidae), the seminal transfer for forming a 62 63 similarly voluminous seminal capsule is known to complete in 50 minutes (Wearing-Wilde, 64 1995). The female penis of Neotrogla bears a lot of spines, by which females anchor a male coercively during copulation. Therefore, females are obviously responsible for this very long 65 66 copulation, probably to obtain more semen from a male (Yoshizawa et al., 2014). After 67 consumption of the semen, the empty capsule is detached from the plate, which is kept within 68 the spermatheca. Because females frequently have empty capsules within the spermathecal 69 pouch (in an extreme case, up to nine empty capsules and two filled ones attached to the plate 70 were observed: Yoshizawa et al., 2014), female Neotrogla can be considered polyandrous, 71 which is apparently controlled actively by the female. 72 Although several examples of sex-role reversed animals induced by seminal gifting

73 have been reported, Neotrogla so far is the only example with a morphological reversal of its 74intromittent organs (Kamimura and Yoshizawa, 2017). This morphological reversal seems to 75 require further upstream modifications of the genital system, such as the formation of the 76 spermathecal plate, which was reported as an additional novelty tightly associated with the seminal gifting (Lienhard et al., 2010; Yoshizawa et al., 2014). However, the detailed 77 78 morphology and function of this spermathecal plate, which presumably plays an important 79 role in the evolution of the female penis, remained unclear due to the extremely small size of 80 the involved subcomponents and their fragile spatial composition.

81 In this study, we investigated the structure of the spermathecal plate by using a 82 combination of confocal laser scanning microscopy (CLSM) and high-resolution synchrotron

microcomputed tomography (HR-μCT) to assess the functional morphology of sperm storage
and control of seminal flow. We examined three species of *Neotrogla* (*N. brasiliensis*, *N. aurora* and *N. truncata*), the spermathecal morphology of which is practically identical
(*Lienhard et al., 2010*). Based on the results, we discuss the evolutionary significance of this
plate during the evolution of the reversed intromittent organs in *Neotrogla*.

88

### 89 **Results**

The spermatheca of *Neotrogla* is in principle composed of an extensible pouch for storage of the seminal capsule, a spermathecal plate divided into two interconnected sclerites (body sclerites 1 and 2: Sc1 and 2 hereafter), and the spermathecal duct, which discharges into the spermathecal plate (Figure 1CD, Video 1). The terminology used for the following description is summarized in Table 1.

The switching valve mechanism is located at the spermathecal plate. Sc 2 is a bowl-shaped chitinous structure harboring a fan-like muscle (the actuator), which originates at its ventral part and attaches to a thumb-shaped controller/closure element (CE: Figures 1CD, 2A–D). Given their attachment area, the force range of each muscle bundle is between 0.0758–0.6562 mN (assuming a standard intrinsic muscle force of 33 N/cm<sup>2</sup>: *David et al*, *2016*). The CE is located at the dorsal connection of Sc1 and 2, where the spermathecal duct opens into the pouch (Figure 2A–D).

In the virgin female, Sc 2 is connected to Sc 1 laterally through an interlock-like structure composed of several ridges on both sides that fit into each other (Figure 1F). This is the location where seminal capsules are formed during copulation (Figure 1G). Both Sc1 and Sc2 possess a system of patches of resilin, a rubber-like protein found in arthropod cuticles wherever potential energy is stored for spring-like motions or bending of structures. The region surrounding the CE contains extensive resilin patches (Figures 1CD, 2). Two larger patches are located where the seminal capsules are attached so that this region can expand to

harbor the base of the seminal capsule (Figure 1DF). Another resilin-rich region is located
around the valve mechanism (Figures 1CD, 2), where the resilin serves to passively keep the
valve opening in the *closed* position. Opening of the valve can only occur through activation
of the actuator muscle bundle. In the fixed material analyzed, the muscle bundles are
contracted due to the fixation process. Therefore, the switching valve is in an *opened* position
in Figures 1–2.

The seminal fluid entering the main lumen of the duct can be directed into the left or 115 right channel depending on the position of the CE. If the left part of the actuator muscle is 116 activated, the CE is moved to the left, so that a channel on the right side opens, which then 117 118 allows for seminal flow into the right capsule (Figure 2E). A small lateral extension at the 119 distal end of the CE serves to close the opposite channel during the opening of the other channel (Figure 2DE). If the right part of the actuator is activated, the process is executed in 120 121 reverse. In a female fixed during copula, seminal flow from the duct opening lumen toward 122 one of two seminal capsules was clearly observed (Figure 1E). Seminal flow can thus be 123 directed by the female through differential muscle activation that moves the CE.

124 Measurements of each structure and the estimated power produced by the discernible 125 muscle bundles mentioned above are summarized in Table 2.

126

### 127 Discussion

The present analyses show that females of *Neotrogla* use a special mechanism to actively control the direction of seminal flow (Figures 1E, 2A–D). This biological switching valve allows females to receive two seminal packages (i.e., more nutrition) from the same or different males within a short time span. In particular, the switching valve allows to receive a second seminal capsule while the first one is consumed. A similar but less sclerotized structure can be observed in close relatives of *Neotrogla* (*Sensitibilla* and *Afrotrogla*, all belonging to the tribe Sensitibillini), suggesting that the structure probably originated in their

common ancestor (*Lienhard, 2007; Lienhard et al., 2010*). *Neotrogla* is distributed in South
America, whereas *Sensitibilla* and *Afrotrogla* are distributed in southern Africa. Therefore,
the origin of this switching valve dates to at least the break-up of the two continents, over 100
million years ago (*Seton et al., 2012*). In other psocodeans, no sclerite or muscle
corresponding to those of the spermathecal plate elements have been observed (*Badonnel, 1934; Klier, 1956; Wearing-Wilde, 1995*). The spermathecal plate thus clearly represents an
evolutionary novelty (*Müller and Wagner, 2003*).

142 The mechanism of flow control and redirection within this biological switching valve is fundamentally different from that in man-made switching valves, which are used, e.g., in the 143 144 oil and gas industry. Technical switching valves use the active rotation of tube or ball elements with various openings to redirect the flow and both closing as well as opening 145 146 involve an active movement of the valve. In contrast, the observed biological switching valve 147 involves a passive movement component. The seminal flow injected by a male is redirected by a differential inclination of the CE (Figure 2E). This inclination is due to the fan-like 148 149 geometry of the actuator muscle whose parts can pull the CE in the preferred direction to 150 work against the passive closing forces generated by the resilin patches around the valve complex. This muscle-closure element configuration could be advantageous since each 151 152 muscle bundle pulls in an optimal direction to incline the CE into one of the two opening positions. Additionally, there is no need for lubrication since the moveable parts do not move 153 against each other. Compared to technical switching valves, this design is advantageous to 154 some extent because the muscle forces are not redirected via a lever arm. 155

The presence of a spermathecal plate with a valve function to control seminal flow may further refine our understanding of the causes and consequences of the reversed sexual selection in this genus. Female-female competition for males (sex-role reversal) to receive nutritious seminal substances is considered as the most important factor driving the evolution of the female penis (*Yoshizawa et al., 2014*). Among all animals with known sex-role reversal,

161 Neotrogla is the only example in which a female penis evolved (Kamimura and Yoshizawa,

162 2017). In a close relative of *Neotrogla*, the barklouse species *Lepinotus patruelis* 

(*Wearing-Wilde, 1996*), the sex-roles are also reversed, but the species possesses normal genital structures. Therefore, it is very likely that, in addition to the sex-role reversal, there is at least one other key factor that enabled the evolution of a female penis. Although females of all three known genera of Sensitibillini possess a spermathecal plate, females of *Sensitibilla* do not have a penis-like organ (*Lienhard, 2007; Lienhard et al., 2010*). This strongly suggests that the evolution of the spermathecal plate, possibly including a switching valve, preceded the evolution of the female penis.

170 The spermathcal plate has two slots available for insemination (Figure 1E). In Neotrogla and the related species (Lepinotus), content of the capsule is digested as nutrition 171 172 during the seminal capsule being attached to the spermathecal plate (the transparent capsule 173 shown in Figure 1B is a digested and empty one: Yoshizawa et al., 2014). Therefore, if there 174 is only one slot for insemination, as in the spermatheca of *Lepinotus*, females cannot receive 175 another capsule while digesting one. With the switching valve, the female Neotrogla (and 176 possibly Sensitibilla and Afrotrogla) can selectively use one of two slots for insemination, 177 with leaving the other slot empty. This enables the females to immediately receive an 178 additional seminal package from the same or other males by using the empty slot. Males are 179 predicted to prudently allocate limited resources, such as nutritious seminal gifts and sperm, 180 to multiple females, especially when operational sex ratio is biased to females, rendering female-female competition for male-derived nuptial gifts (i.e, propensity for multiple mating) 181 182 more intense (Abe and Kamimura, 2015). The male-holding organ (spiny female penis) and 183 female-induced long copulation durations of 40-70 hours (compared to just ~50 minutes for formation of one seminal capsule in close relatives) in Neotrogla (Yoshizawa et al., 2014) 184 185 thus can be considered as exaggerated adaptations for such escalated competition for nuptial 186 gifts in this group of insects inhabiting highly oligotrophic cave habitats (Lienhard and

187 Ferreira, 2013, 2015; Yoshizawa et al., 2014).

188	The condition of having two freshly deposited spermatophores at once is comparable
189	to that in multiple sperm storage organs reported for females of some animal groups, such as
190	dung flies, Drosophila, or tephritid fruit flies (Ward, 1993; Pitnick et al., 1999; Twig and
191	Yuval, 2005). Although theory predicts that having multiple sperm stores can be a powerful
192	mechanism for choosing sperm (Hellriegel and Ward, 1998), evidence is scarce for a gain in
193	fitness by actively selecting for particular sperm from among multiple mates (e.g., Demont et
194	al., 2012; Schäfer et al, 2013). In addition, in the case of Neotrogla and related barklice
195	(Lepinotus patruelis), the content of the seminal capsule is digested quite rapidly if not used
196	for fertilization (Wearing-Wilde, 1995; Yoshizawa et al., 2014). Therefore, the switching
197	valve system reported here likely represents an adaptation for direct benefits (i.e., for
198	obtaining more nutrients) rather than for genetic benefits (i.e., for choosing sperm from
199	high-quality males).
200	
201	Materials and methods
202	
203	Three species of Neotrogla were examined. We detected little interspecific variation in the
204	basic mechanism of the spermathecal plate.
205	A virgin female of Neotrogla brasiliensis (Caboclo Cave, Januária, Minas Gerais,
206	Brazil, 12. iii. 2016: Figures 1DF, 2A–C: voucher ID S8KY03) and a copulating pair of N.
207	truncata (Toca dos Ossos Cave, Ourolândia, Bahia, Brazil, 14. i. 2013: Figure 1EG: voucher
208	ID S8KY69: full shape data provided as Supplementary Movie) were used for $\mu CT$
209	examination (http://dx.doi.org/10.6084/m9.figshare.6741857). Neotrogla brasiliensis was
210	fixed with FAA solution (formaldehyde-acetic acid-alcohol) and N. truncata was fixed with
211	80% ethanol. Both samples were then stored in 80% ethanol. Dehydration was conducted in
212	ascending order with 80-100% ethanol before drying them at the critical point (EM CPD300,

213 Leica, Wetzlar, Germany) to remove water without serious organ shrinkage. Samples were 214then scanned using synchrotron microcomputed tomography at the BL47XU (Uesugi et al., 2012) beamline of the Super Photon ring-8 GeV (SPring-8; Hyogo, Japan) using a stable 215 216 beam energy of 8 keV in absorption-contrast mode. The tomography system consists of a 217 full-field X-ray microscope with Fresnel zone plate optics (Uesugi et al., 2016). The FOV 218 and effective pixel size are 0.11 mm<sup>2</sup> and 0.0826 mm<sup>2</sup>, respectively. We used semiautomatic 219 segmentation algorithms based on gray-value differences in the software ITK-SNAP 220 (Yushkevich et al., 2006) to obtain 3D representations of the genitalia of Neotrogla. Rendering of the mesh objects was carried out using the software BLENDER (blender.org). 221 222 Objects were imported as stl files, surface meshes were slightly smoothed, and the number of vertices were reduced without altering the 3D geometry. No further processing was applied. 223 224 All measurements were carried out in BLENDER.

225 A virgin female of *N. brasiliensis* (Figures 1C, 2D: voucher ID: CLKY1) was also 226 used for confocal laser scanning microscope (CLSM) observation (Leica TCS SP5, Wetzlar, 227 Germany). The spermathecal plate was removed and mounted on a glass slide with glycerol. 228 We used an excitation wavelength of 488 nm and an emission wavelength of 510–680 nm, detected using two channels and visualized separately with two pseudocolors (510-580 nm = 229 230 green; 580–680 nm = red). To visualize resilin, we used an excitation wavelength of 405 nm and an emission wavelength of 420-480 nm, detected on one channel and represented with a 231 232 blue pseudocolor.

A virgin female of *N. aurora* (Gruta Couve-Flor cave; Aurora do Tocantins,
Tocantins, Brazil, 7. i. 2009) was used to take the whole-abdomen photo shown in Figure 1A.
The abdomen was removed from a fixed specimen and soaked in Proteinase K at 45°C
overnight and stored in glycerol. Photographs were taken with an Olympus E-M5 digital
camera attached to an Olympus SZX16 binocular microscope (Tokyo, Japan). Partially
focused pictures were combined using Helicon Focus (Helicon Soft Ltd.,

239	http://www.heliconsoft.com) to obtain images with a high depth of field. The holotype female
240	of N. truncata (Lienhard et al., 2010) was used for photographing the spermathecal plate
241	shown in Figure 1B. Photographs were taken with an Olympus E-M5 attached to a Zeiss
242	Axiophot compound light microscope (Oberkochen, Germany).
243	
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- 356

358 Figure and Table Legends

359	Figure 1. Morphology of the spermatheca and spermathecal plate of <i>Neotrogla</i> . (A) Whole
360	abdomen of a virgin female showing the location of the mating system. T8 and 9
361	indicate tergites 8 and 9. (B) Light microscopy photograph of the spermathecal plate
362	with a single seminal capsule. (C) CLSM image of the spermathecal plate. (D) 3D
363	segmentation of the spermathecal plate with no seminal capsule. Dotted line indicates
364	the section plane shown in F and G. (E) 3D segmentation of the spermathecal plate
365	with two seminal capsules and showing seminal flow. (F) Attachment points for the
366	seminal capsules in the virgin female. (G) The base of two seminal capsules in
367	different stages of connection to the spermathecal plate (corresponding to the two
368	seminal capsules in Figure 1E).
369	Figure 2. Morphology of the closure element (CE) and its associated structures. (A) Muscle
370	attachment to CE. (B) 3D segmentation of Figure 2A. (C) Detail of CE. (D) CLSM
371	image of CE and neighboring structures. (E) Schematic illustration of the function of
372	the switching valve system in closed (left) and opened (right) conditions.
373	Table 1. Valve terminology used in the text.
374	Table 2. Measurements of each component of the spermathecal plate.
375	Video 1. 3D segmentation of the spermatheca and two seminal capsules attached to the
376	spermathecal plate (see Figure 1E).
377	



Fig 2



# **Table 1.** Valve terminology used in the text

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Actuator	Device used to operate a valve using electric,			
	pneumatic or hydraulic means			
Body	The principal pressure-containing part of a valve in			
	which the closure element and seats are located			
Closure element (CE)	The moving part of a valve, positioned in the flow			
	stream, that controls the flow through the valve, e.g.,			
	wedge, plug, clapper, ball			
Controller	A device that directs the flow of a valve			
End connection	The type of connection supplied on the ends of a			
	valve that allows it to be connected to piping — may			
	be a welded end, flanged end, threaded or socket			
	weld			
Pennation angle	The oblique attachment of single muscle fascicles to			
	the CE. It was measured as the angle between the			
	outermost fascicles in a given muscle bundle			

Object	Pennation angle	Attachment area of muscle [cm2]	Muscle strength [mN]	Length [mm]	Volume [µm3]	Mass [µg]
Muscle m1	34.16	0.0000199	0.6562	0.1		
Muscle m2	30.18	0.0000191	0.6319	0.08		
Muscle m3	15.59	0.0000023	0.0758	0.09		
Muscle m4	44.55	0.0000133	0.4374	0.09		
Muscle m5	12.26	0.0000033	0.1096	0.09		
Muscle m6	32.75	0.0000073	0.2394	0.11		
Sum of muscle strength			2.1503			
Closure element				0.03		
Spermathecal pouch					1847443779	0.0021246
Body sclerite 1					199709300	0.0002297
Body sclerite 2					101434410	0.0001166

**Table 2.** Measurements of each component of the spermathecal plate.